



LEFKAS SAILING SCHOOL JOINING INSTRUCTIONS



WELCOME TO SUNSAIL

ARE YOU READY TO GAIN YOUR SEA LEGS?

Thank you for choosing to sail with us! To help you prepare for your course, we have compiled the following useful information and recommend you read it beforehand. If you have any further questions after reading this guide, please do not hesitate to call your local booking office or the Lefkas office.

SUNSAIL LEFKAS BASE ADDRESS

Sunsail , Lefkas Marina, East Shore Lefkada, 311 00 Greece | +30 26450 29622

SUNSAIL BASE OPENING HOURS

Monday - Thursday | 09.00 - 17:00
Friday - Sunday | 09.00 - 17:00

CONTACT DETAILS

Contact the Lefkas team: sunsail.lefkas@thlmarine.com

SUNSAIL SALES OFFICE OPENING HOURS

The Sunsail Sailing School office is open from 09:00 to 17:30 Monday to Friday all year round.

CONTACT DETAILS

Bookings - 0239 222 2221

Reception for delayed arrival
(Within base opening hours) - 0239 222 2336

Emergency Sunsail UK Operations
(Outside base opening hours only) - 0239 222 2277



FLIGHTS AND TRANSFERS

UK DEPARTURES

Getting here couldn't be easier with direct flights departing from:

Gatwick (LGW), Manchester (MAN) and Birmingham (BHX)

FLIGHT DURATION

Approximately 3 hours 30 mins to Aktion - Preveza Airport (PVK)

AIRLINES

You can book your flights directly with us. There are many airlines that fly into Aktion - Preveza Airport (PVK). Preveza is served regularly by internal flight from Athens/Corfu as well as with direct charter flights from the UK.

TRANSFERS

You can pre-book your transfer with us and pay the driver directly or organise your own taxi at the airport. (You pay a better rate if you book with us beforehand)

Private Taxi:
1-4 pax - 45 €
4-8 pax - 80 €

Aktion - Preveza Airport (PVK) is located on the Greek mainland, about 30 minutes from our Lefkas Base.

WHAT TO BRING?

On most flights, the checked luggage allowance is 20kg per person. You can additionally bring one item of hand luggage weighing no more than 5kg; however, please check with your airline for specific allowances. For storage aboard your yacht, we recommend travelling light and using soft, collapsible luggage for easy storage.

For your carry-on bag, we advise carrying all relevant personal documents and booking information with you.





ON ARRIVAL

EMBARKATION: SUNDAY, 18:00

On arrival at the marina, you will be introduced to your instructor, who will get you settled on board your yacht and give a basic introductory briefing. After stowing your luggage, you have the rest of the day to yourself and can meet the other crew members.

If there's anything you'd like to know about your boat or facilities available please ask your instructor or a member of the Sunsail team. A full yacht and safety briefing will be given on Monday morning at the start of your course.

ACCOMMODATION

Our training fleet consists of Jeanneau monohulls, typically Sunsail 44i with 2 cabins – 41i with 3 cabins. The maximum number of students per yacht is five. On-board accommodation is in shared cabins unless you've paid the single supplement. Sheets, pillowcases, pillows and shower towels are all provided.

Tokens for the showers are available at reception. Sleeping bags are not required.

CATERING ARRANGEMENTS

Your yacht is provisioned for the five-day course, inclusive of all breakfasts and lunches and one evening meal. Your instructor will recommend good restaurants at each relevant overnight stop. All meals taken ashore are at your own expense. We do not specifically cater to vegetarian or other dietary needs; however, please advise your booking agent of any you may have we'll endeavor to do so. You are also welcome to bring any food or beverage items you like aboard.

Please note that you will be expected to do your fair share of the cooking, washing up, and general housekeeping of the yacht as part of the course.

BASE FACILITIES

We're very proud of our Marina! It is all yours for the length of your stay:

- Male and female shower facilities
- Restaurant and bars
- ATM machine

Easy walk into Lefkas town for:

- Restaurants | Coffee bars
- Shops | Supermarkets
- Post office | Banks
- Beaches nearby
- WIFI available free at all bars and restaurants
- Car parking





ON COURSE: LET'S GET SAILING!

COURSE START:
MONDAY, 08:30

Each day starts at approx. 0900 hrs and finishes at approx. 1800 hrs.

One day will be extended to allow 4 hours of night sailing.

During the week, you will visit various ports and marinas and spend your nights at anchor in different locations around the cruising area. The yacht leaves the Lefkas Marina on Monday morning and returns on Friday afternoon. You do not return to the Lefkas Marina each night.

Please be ready at this time as we'd all like to get sailing as soon as possible! We hope to be underway before lunch, and it is always a priority to make time for a mid-day swim and snorkel... what a classroom!

COURSE END:
FRIDAY, 17:00

Your course ends back at Lefkas Marina on the Friday by 1700. Students usually enjoy drinks and dinner together ashore that night.

All meals taken ashore are at the students own expense. Students not flying out on the Friday night may sleep on board the yacht if they wish (through Sunday morning).



SUNSAIL: RESPECTING DESTINATIONS

Sunsail is committed to protecting the environment we operate in. Over the years, you have helped us in this endeavour. Please continue to assist us by leaving our sailing areas as good as or even better than we found them. You can do this by:

- Managing your sewerage by always using the pump-out facilities in marinas where available. Otherwise, please avoid emptying tanks in busy anchorages and marinas and prevent contamination to humans and reefs by pumping out as far as possible offshore.
- Washing off your anchor when leaving an anchorage. Your yacht is equipped with low-phosphate washing-up liquid; please use this and keep the bottle so that it can be refilled.
- Separating your waste and recycling on board as much as possible.
- Avoid pumping oily bilge water or other hazardous substances into the sea – save these for safe disposal in a marina pump-out facility.
- Being litter conscious by never throwing rubbish overboard and avoiding using plastics and other non-biodegradable products.
- Observing marine law and knowing the laws that govern fish catch sizes and the touching and handling of marine wildlife.
- Remember to keep a safe distance from marine life; if viewing, approach side-on and stop with propellers in neutral.
- Identifying dark water areas as potentially important ecosystems, and taking care if navigating them.
- Keeping sea life in mind when mooring. Using buoys where available instead of anchoring.



FAQ

WHAT ESSENTIALS SHOULD I BRING?

TICKETS, PASSPORT, VISAS, LICENSES AND BOOKING MATERIALS IF YOU PLAN TO HIRE A CAR.

Clothing – Greece enjoys a pleasant temperature all year however, May, June, September and October in the evenings can be cool, so fleece and long trousers will be beneficial. And whilst we try and keep the rain away, it would be advisable to bring some light wet weather gear with you just in case!

If you are participating in the Day Skipper course, please bring 1 passport photo with you and a photo ID.

We advise you to bring a hat, a good pair of sunglasses (polarized), sunscreen, shorts, t-shirts, a beach towel and swimwear. As well as your normal holiday-type clothes, please bring sailing gloves, comfortable trousers/tracksuit, deck shoes/sailing boots or white-soled trainers. We do not recommend jeans as they take a long time to dry.

*Please note that all personal items are brought at your own risk.

HOW BEST CAN I PREPARE FOR MY SAIL TRAINING COURSE?

LOG BOOK

You will require an RYA logbook G15 or G158 for your course. There is no RYA literature available at the base. logbooks are available at the base in limited quantities for purchase.

These must be purchased before arrival.

COMPETENT CREW

It is recommended that you read the RYA Competent Crew Skills Book (CCPCN). On successful completion of the course, you will be awarded the RYA Competent Crew qualification. Recommended minimum age is 12.

DAY SKIPPER

Please ensure that you bring a passport photo. These are needed for the RYA Day Skipper Practical certification. It is recommended that you have completed the Day Skipper Theory shore-based course prior to arrival and read the RYA Day Skipper Practical Course Notes (DSPCN).

Recommended reading and log book RYA practical and theory course books should have been purchased through your booking office upon confirmation of your sailing course. They can also be purchased online ahead of time.

On successful completion of the course, you will be awarded the RYA Day Skipper qualification.

LANGUAGE

RYA sailing school is IN ENGLISH.

WHAT IS THE LOCAL CURRENCY AND NATIONAL PARK FEES?

CASH & CREDIT

The local currency is the EURO. Some destinations you will visit on your course may not have ATM facilities; your instructor will advise before departing the marina where ATM's are available to allow you to have enough money for your sail.

Mooring fees are NOT included in the course fees. However, in most destinations, there are very little if any costs. The cost incurred for berthing will be split between the crew.



the day skipper course is 16.

WHAT ABOUT CHILDREN UNDER AND OVER 16 YEARS OF AGE?

CHILDREN UNDER 16 YEARS OF AGE

Under 16's are only accepted if the family has privately chartered the whole boat and there must be at least 2 adults in the group. Children of any age are accepted, but the adults in the group should be aware that the children should be able to "look after themselves" on board and not need close supervision, or the adult will not be able to fully participate in the course. Children's lifejackets for 4 years and above are provided subject to availability, but parents must supply their own life jackets for children under 4.

Although young children can be accommodated, there should be at least three students on board who can handle the yacht in stronger winds to complete all aspects of the course. There is no minimum age for the competent crew course.

CHILDREN 16 TO 18 YEARS OF AGE

Children over 16 but under 18 years of age are accepted onto shared boat bookings if accompanied by an adult and would be expected to share a cabin with that adult. The minimum age for

TELL ME MORE ABOUT THE FOOD.

PROVISIONING

All breakfasts, lunches, non-alcoholic beverages, and one evening meal are provided. Normally everyone eats ashore every evening, except for the evening of the night sail. Vegetarians and other dietary needs are not specifically catered for, although we will do everything possible to accommodate your needs; as part of the course, all members of the crew are expected to help out with cooking, washing up and the general housekeeping of the yacht.

WILL I BE IN ANY PHOTOS? CAN I TAKE MY OWN PHOTOS?

PHOTOGRAPHY

An essential part of our brochures is using photography that gives clients a true idea of the product rather than using models. During the course of the season, there are photographers on site at our bases. If you have an objection to close-up photography of yourself and the party, please



We hope this guide will help you get the best out of your course and your time in Greece.

We hope you learn to love sailing as much as we do here at Sunsail.
Course joining instructions are correct at the time of publication but are subject to change
without prior notice.

GET IN TOUCH

Call us at: 0203 411 6571
Email us at: sailingschools@sunsail.com

